



Swimming, riding, running... Sean O'Neill (24).

## Sean toiling on as a top triathlete

SCARBOROUGH triathlete Sean O'Neill will look to continue his winning form at the Perth City Triathlon next month.

The 24-year old won the off-road triathlon at Lake Leschenaultia last weekend.

The race challenges the athletes with the added elements of water, sand, hills, tunnels, obstacles, logs and gravel.

It is the second year in a row Sean has taken out the event, which saw the competitors swim 750 metres across the lake, ride a mountain bike 21km along a bush track and finish up with a 6km run around the lake.

"It was good; I got out of the swim in second position, got on the bike and felt really strong and got off with a bit of a lead and had a good run," he said.

Earlier this month Sean won the Walkiki leg of the Pure Blonde Pursuit triathlon series. He said it was preparing him for the Perth City Triathlon on the Swan River Fore-shore on February 3