

Women on course for triathlon

by Meredith Dixon

meredith.bdmail@ruralpress.com

THE Avanti Plus Women's Triathlon takes place on March 1 and for local ladies who have put their hands up to do the event, excitement is mounting.

Because of an initial problem with the registration web link, Busselton Tri Club vice president, Russell Platts is keen to finalise the number of women participating in the event and to make sure everyone's travel plans are well in hand.

"We're really sorry that the initial link proved problematic and that despite our best efforts, it took a while to rectify," said Russell.

"My biggest worry is that this glitch may have put people off participating in what is a really great event."

Those who have already signed up for the event or those who wish to participate but have had difficulty registering, are asked to contact Russell urgently on plattsy@iinet.net.au

The event is still three weeks away, which is plenty of time for those with a good level of residual fitness to get prepared.

There are a number of different options catering for varying levels of fitness and competitiveness.

The 'mini tri' consists of a 150m swim, a 5km cycle and a 1.5km run. The 'short course' consists of a 300m swim, a 7km cycle and a 3km run.

For those feeling more energetic, the 'long course' consists of a 750m swim, a 21km cycle and a 3km run.

It's not too late to register and you can still receive a 40 per cent discount on the registration fee if you register for the event through the link on the www.busseltontriclub.com



All set: From left to right are Jo Needham, Leanne Ashworth, Louise Stefanou, Wendy Paine, Sue Barrett, Gaye Cockram, Michelle Paine and Kate Paine.
PHOTO BY LEONIE PAINE.