

Young triathletes set cracking pace

ed in this event (300m swim, 12km cycle, 3km run), including some parents of the junior competitors.

Troy Main and Shayne Dimmer again dominated the field in an awesome display of speed and power, with Main holding off a fast-finishing Dimmer.

Jamie Muir, from Mandurah, also had a great race to round out the top three. Rockingham's fourth and final race will be held on Sunday, March 15, at 7.30am.

Trystars and Seniors start 8.30am. The club is at the corner of Alexandra and Rockingham Beach roads.

Trevor and Vicki Main

Josh Rabjones (Busseton) 28.50; Tom Young (Rockingham) 31.04; Ashleigh Godderson (Fremantle) 29.29; Renee Hogan (Rockingham) 32.21; Tanya Howlett 39.53.

There were many outstanding performances and the future of triathlon in WA is looking great.

Organisers were also pleased with the displays of sportsmanship and camaraderie evident.

They also thanked everyone who volunteered on the day along with Brian Kempson and TWA for their support.

Senior Club Race #3
Thirty-two seniors compet-

3km cycle, 500m run) Luke Bate (Fremantle) 12.05; Harry Rogers (Mandurah) 13.59; Zac Williams (Northcoast) 15.14; Matilda Norish (City) 14.25; Alisha Wesley (Northcoast) 16.07; Tia Boardman (Rockingham) 15.38.

Medium course (100m swim, 3km cycle, 1km run): Ben Walton (Northcoast) 14.50; Conor Cameron (Fremantle) 14.56; Ulrich Bojarski (City) 16.08; Shayne Solin (Rockingham) 13.57; Kira Hedgeland (Fremantle) 15.11; Kate Martin (City) 16.04.

Long course (150m swim, 6km cycle, 2km run): Sam Young (Rockingham) 27.55;

THE Rockingham Triathlon Club held an Interclub event on February 22, with 80 seven to 15 year olds from all over WA competing.

Local club Rockingham, as expected, had the largest turnout with 22 young athletes vying for places.

The turn-out from other clubs was fantastic and all were thanked for making the trip (in some cases a huge trip) to Rockingham to help make the morning as much fun as it was.

We also had many non-members competing. For some it was their first triathlon. Short course (50m swim,