

Baillie wins King of the Mountain

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KEMBLA Joggers runner Ryan Baillie has been crowned the 2010 King of the Mountain after overcoming a stiff challenge from Bondi's Daniel Thompson to take out the marathon event yesterday.

Baillie completed the 32km race from Cambewarra up through Budgong and over Mount Scanzi to Kangaroo Valley in 2 hours 7 minutes and 2 seconds.

Formerly of Nottingham, England, Thompson finished strongly to be just 20 seconds away.

James Davy's (2:10:15) third place capped off a successful day for the Kembla Joggers club on a fine and sunny afternoon in Kangaroo Valley.

Nowra Athletics Club's Damian Smith waved the flag for the locals, taking out fourth spot in 2:16:25.

Sara Burgess (Miranda) proved too good in the ladies race, coming home over five minutes ahead of second-placed Abu Dhabi strider Connie Arcella in 2:24:28.

Alison Mills was the first local woman home to seal her place on the podium in 2:31:25 to be third.

Despite having never raced on the track before, triathlete Baillie managed to master Mount Scanzi.

"It was pretty tough, I had to work all the way coming back into town," he said.

"I got quite a bit of a shock when I started running up that big hill, but it was good!"

GOOD WIN: Ryan Baillie on his way to winning the 2010 King of the Mountain in Kangaroo Valley yesterday. Photo GREG HUTT.

